

# Focusing and Expressive Arts Institute

## FOAT® Training + Certification

### Pricing Options

2017 - 2019

<b>LEVEL 1 FEES FOUNDATION TRAINING</b>	<b>Full Cost</b>	<b>Early Bird</b>	<b>Bulk Discount Package</b>
<b>LEVEL 1 Live Teleconference Courses</b>			
Introduction to Focusing-Oriented Expressive Arts FOAT® Fundamentals and Approaches Theme Directed FOAT® and Mindfulness Clearing a Space with Expressive Arts	Free \$75. \$75. \$75.	Free \$65. \$65. \$65.	All courses in this section: \$180. (\$60. each)
Focusing Basics (can be waived with experience)	Special \$50.	Special \$50.	Special \$50.
<b>SUBTOTAL LEVEL 1 TELECONFERENCE</b>	<b>\$275.</b>	<b>\$245.</b>	<b>\$230.</b>
<b>FOR LEVEL 1 CERTIFICATE, THE FOLLOWING ARE REQUIRED:</b>			
FOAT® Documentation of Practice and Review	\$125.	\$125.	\$125.
FOAT® Coaching with Advanced Trainee	\$50.	\$50.	\$50.
<b>SUBTOTAL CERTIFICATE LEVEL 1</b>	<b>\$450.</b>	<b>\$420.</b>	<b>\$405.</b>

<b>LEVEL 2 FEES FOUNDATION TRAINING</b>	<b>Full Cost</b>	<b>Early Bird</b>	<b>Bulk Discount Package</b>
<b>LEVEL 2 Live Teleconference Courses</b>			
FOAT® and Compassionate Listening	\$75.	\$65.	All courses in this section: \$240. (\$60. each)
FOAT® Partnership Practice I	\$75.	\$65.	
Partnership Practice II	\$75.	\$65.	
FOAT® Partnership Practice III	\$75.	\$65.	
<b>SUBTOTAL LEVEL 2 TELECONFERENCE</b>	<b>\$300.</b>	<b>\$260.</b>	<b>\$240.</b>
<b>FOR LEVEL 2 CERTIFICATE, THE FOLLOWING ARE REQUIRED:</b>			
FOAT® Documentation of Practice and Review	\$125.	\$125.	\$125.
FOAT® Coaching with Advanced Trainee	\$50.	\$50.	\$50.
FOAT® Supervision with Senior Faculty	\$125.	\$125.	\$125.
<b>SUBTOTAL CERTIFICATE LEVEL 2</b>	<b>\$600.</b>	<b>\$560.</b>	<b>\$540.</b>

<b>LEVEL 3 + 4 FEES INTERMEDIATE TRAINING: LEVELS 3 + 4 TOGETHER</b>	<b>Full Cost</b>	<b>Early Bird</b>
<b>5 DAY RESIDENTIAL INTENSIVE SANTA ROSA, CA</b> <b>Level 3:</b> Advanced Practice Skills in FOAT® & Application <b>Level 4:</b> Applications of FOAT® (room, board + travel not included)	<b>\$800.</b>	<b>\$700.</b>
FOAT® Documentation of Practice and Review	\$125.	\$125.
FOAT® Coaching with Advanced Trainee	\$50.	\$50.
FOAT® Supervision with Senior Faculty	\$125.	\$125.
<b>SUBTOTAL CERTIFICATE LEVELS 3 + 4</b>	<b>\$1100.</b>	<b>\$1000.</b>

<b>LEVEL 5 FEES ADVANCED TRAINING AND SUPERVISION</b>	<b>Full Cost</b>	<b>Early Bird</b>	<b>Bulk Discount Package</b>
<b>FOAT® Live Teleconference Meetings 5 sessions x \$75. each</b>	<b>\$375.</b>	<b>\$325.</b>	<b>\$300.</b>
FOAT® Documentation of Practice and Review	\$125.	\$125.	\$125.
FOAT® Supervision with Senior Faculty	\$125.	\$125.	\$125.
<b>SUBTOTAL CERTIFICATE LEVEL 5</b>	<b>\$625.</b>	<b>\$575.</b>	<b>\$550.</b>

<b>LEVEL 6 FEES TRAIN-THE-TRAINER</b>	<b>Full Cost</b>	<b>Early Bird</b>	<b>Bulk Discount Package</b>
<b>FOAT® Live Teleconference Meetings 5 sessions x \$75. each</b>	<b>\$375.</b>	<b>\$325.</b>	<b>\$300.</b>
FOAT® Documentation of Practice and Review	\$125.	\$125.	\$125.
FOAT® Supervision with Senior Faculty	\$125.	\$125.	\$125.
<b>SUBTOTAL CERTIFICATE LEVEL 6</b>	<b>\$625.</b>	<b>\$575.</b>	<b>\$550.</b>

<b>ADDITIONAL FEES</b>		
<b>TRAINEE FEE LEVEL 6: The Focusing Institute: \$35-75. Depending on country</b>	<b>\$35-75. Depending on country</b>	<b>See TIFI for fee <a href="#">click here</a></b>
<b>CERTIFICATION EVALUATION FEE FOAT® Practitioner/Facilitator FOAT® Institute</b>	<b>\$125.</b>	<b>One time fee</b>
<b>CERTIFICATION FEES The International Focusing Institute (TIFI)</b>		<b>See TIFI fees <a href="#">click here</a></b>

## SUMMARY FEES

### CERTIFICATE OF COMPLETION LEADING TO CERTIFICATION

CERTIFICATE LEVEL /CERTIFICATION	Full Cost	Early Bird	Bulk Discount Package
CERTIFICATE LEVEL 1	\$450.	\$420.	\$405.
CERTIFICATE LEVEL 2	\$600.	\$560.	\$540.
LEVELS 3 +4 (room and board not included)	\$1100.	\$1000.	\$1000. (early bird pricing)
CERTIFICATE LEVEL 5	\$625.	\$575.	\$550.
SUBTOTAL (THROUGH LEVEL 5) Certified FOAT® Practitioner/Facilitator	\$2775	\$2555	\$2495
LEVEL 6	\$625.	\$575.	\$550.
TOTAL (THROUGH LEVEL 6) Certified Focusing Trainer: Specialization in FOAT®	\$3400	\$3130.	\$3045

ADDITIONAL FEES		
TRAINEE FEE LEVEL 6: The Focusing Institute: \$35-75. <i>Depending on country</i>	\$35-75. <i>Depending on country</i>	See TIFI for fee <a href="#">click here</a>
CERTIFICATION EVALUATION FEE FOAT® Practitioner/Facilitator FOAT® Institute	\$125.	One time fee
CERTIFICATION FEES The International Focusing Institute (TIFI)		See TIFI fees <a href="#">click here</a>

*Monthly payment plans available; please contact us for more information.*